

## PARTICIPANT INFORMATION SHEET

**PROJECT TITLE:** Wine Perception Study

**HUMAN RESEARCH ETHICS COMMITTEE APPROVAL NUMBER:** H-2020-080

**PRINCIPAL INVESTIGATOR:** Assoc. Prof Sue Bastian

**STUDENT RESEARCHER:** Natalja Ivanova

**RESEARCHERS:** Dr Lukas Danner, Dr Rebecca Ford, Dr Qian Yang, Prof Kerry Wilkinson

**STUDENT'S DEGREE:** PhD Food Science

Dear Participant,

You are invited to participate in the research project described below.

### **What is the project about?**

The University of Adelaide, School of Agriculture, Food and Wine and University of Nottingham are conducting this research project. The purpose of this study is to gain understanding of your perception of certain attributes in wine, including mouthfeel and flavour.

### **Who is undertaking the project?**

This project is being conducted by Associate Prof Susan Bastian with group members: Natalja Ivanova, Dr Lukas Danner, Dr Rebecca Ford, Dr Qian Yang, Prof Kerry Wilkinson

### **Why am I being invited to participate?**

You have been invited to take part in this research because you have shown interest in taking part, drink wine at least once a month, are a native English speaker and are of legal drinking age (18+). The exclusion criteria are pregnant or lactating participants and anyone who has any reasons to refrain from drinking alcohol (medical, allergies, religion, etc.). We will be recruiting up to 150 participants for this study.

### **What am I being invited to do?**

If you agree to take part in the study, you will be asked to complete 3 tasting sessions in the comfort of your own home. Wines will be packaged and sent to you directly by post. Online and phone assistance will be available to you throughout sessions, if required. The sessions will run as follows:

- You will be asked to taste wines and complete a questionnaire in regard to your preference and perception of the samples (up to 6 small samples of wine, taking approximately 35 minutes per session). The questionnaire will be available to you through an online portal.

When you sign up for this study you will receive more information on how to set up your sessions, as well as receive and taste your samples. The log in details will be provided to you after you have signed and returned the Consent Form (electronically).

**How much time will my involvement in the project take?**

Each session will take approximately 25 to 35 minutes.

**Are there any risks associated with participating in this project?**

The project has no foreseeable risks. All samples will be hygienically prepared with a high standard of food/beverage handling. Volume of wine tasted will be no more than 1 Australian Standard drink. You are free to expectorate the wines. The provision of water and crackers and enforced breaks will be scheduled between samples to avoid palate fatigue. The number of wines to be tested will be limited to allow for robust evaluation without causing unnecessary fatigue.

**What are the potential benefits of the research project?**

The knowledge gained from this project may assist the wine industry in tailoring wines that better meet the needs and expectations of wine consumers. Participants will be provided with a voucher for \$10 received upon completion of all required sessions and will be able to keep the wine glasses provided with the distribution pack.

**Can I withdraw from the project?**

Participation in this project is completely voluntary. If you agree to participate, you can withdraw from the study at any time.

**What will happen to my information?**

Information and data gathered from the study will be aggregated, stored in non-identifiable (anonymous), electronic form for at least 5 years and remain confidential in a secure database. The information provided will only be read by the scientists in charge of this project. The data will be published in relevant scientific and industry journals as well as via national and/or international conference presentations, but no individual will be identified by name in any publication or presentation. You will not receive any unwanted communication from any third party as a result of your involvement. Your information will only be used as described in this participant information sheet and it will only be disclosed according to the consent provided, except as required by law.

**Who do I contact if I have questions about the project?**

If you have any questions or concerns, you can contact:

Assoc. Prof Sue Bastian by phone (08) 8313 6647 or by email [sue.bastian@adelaide.edu.au](mailto:sue.bastian@adelaide.edu.au)

**What if I have a complaint or any concerns?**

The study has been approved by the Human Research Ethics Committee at the University of Adelaide (approval number H-2020-080). This research project will be conducted according to the NHMRC National Statement on Ethical Conduct in Human Research 2007 (Updated 2018). If you have questions or problems associated with the practical aspects of your participation in the project or wish to raise a concern or complaint about the project, then you should consult the Principal Investigator. If you wish to speak with an independent person regarding concerns or a complaint, the University's policy on research involving human participants, or your rights as a participant, please contact the Human Research Ethics Committee's Secretariat on:

Phone: +61 8 8313 6028

Email: [hrec@adelaide.edu.au](mailto:hrec@adelaide.edu.au)

Post: Level 4, Rundle Mall Plaza, 50 Rundle Mall, ADELAIDE SA 5000

Any complaint or concern will be treated in confidence and fully investigated. You will be informed of the outcome.

**If I want to participate, what do I do?**

If you wish to participate in this research, please complete all steps in the recruitment email or directly contact the researchers Natalja Ivanova by email [natalja.ivanova@adelaide.edu.au](mailto:natalja.ivanova@adelaide.edu.au)

Yours sincerely,

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